PSALM 77

Powerful Principles for Today

◆ When God feels silent

- Keep praying (vv. 1–2)
- Don't withdraw (v. 2)

◆ When your mind spirals

- Interrupt it with truth (vv. 10–11)
- Don't let questions become conclusions (vv. 7–9)

◆ When you feel abandoned

- Revisit your history with God (v. 11)
- Write down past breakthroughs

◆ In seasons of delay

- Trust unseen movement (v. 19)
- God often works behind the scenes first (v. 19)

◆ In emotional exhaustion

- Don't rely on feelings to define truth (vv. 3–4)
- Anchor in what God has already proven (vv. 13–15)

Pastor Yolandita Colón · When God Feels Silent
selahsummitpress.com · Free to share; not for sale
© 2026 Yolandita Colón & Selah Summit Press, LLC

A SPIRITUAL PATTERN REVEALED

Psalm 77 gives a repeatable pattern

1. Cry out honestly (vv. 1–2)
2. Acknowledge the struggle (vv. 3–6)
3. Refuse false conclusions (vv. 7–10)
4. Choose to remember (v. 11)
5. Meditate on His past works (v. 12)
6. Regain the correct perspective (vv. 13–20)

ONE-LINE TAKEAWAY

When you cannot trace God's hand, you must trust His history.